

## **Green Halo Conference – Flip chart answers**

### **National Parks for Health**

Q: What should the role of National Parks be in providing health and wellbeing for the nation?

Answers:

- The leader – the support.
- Showcase case studies.
- Promotion
- To be exemplars with a mission to expand their borders for the health and wellbeing of all.
- Revive the 1940s vision for current times. Ends are timeless whilst means change.
- Improve accessibility for areas of greater deprivation. Improve transport/knowledge etc.
- Freedom to explore, enjoy, engage, replenish, relevant to people.
- Integrated into education, health, transport, infrastructure.

Q: How can the Green Halo work together in the region to improve health and wellbeing through nature?

Answers:

- Lower red tape and demo actions. Meet, commit and show results.
- Use all our voices to advocate for safe cycling and public transport links to access the Forest and green spaces – the poorest can't afford cars.
- The space to do it without too much restriction i.e. costs.
- A 'convener' – welcoming diverse groups, active outreach.

Q: What are the top things needed to support our work together in this area?

Answers:

- Sharing space, opportunities and knowledge.
- A collective voice to protect nature from greedy developers who continue to pollute our environment and communities.
- Connection and networking on what works well.
- Cheap bus access for low-income families and unfit adults to access green space.
- Dialogue – swapping best practice.

### **Future Green Halo**

Q: What future topics under our four themes would people like to explore within the Green Halo?

Answers:

- Connection to social prescribers – case studies in NF.
- Social Forestry specialists.
- Climate resilience

- Inclusivity
- Reach ages from 11+ in green activities.
- EDI and equitable approaches to engage with green spaces.

Q: How can we engage young people more effectively in our work?

Answers:

- Start from primary school – motivate and inspire.
- Connect technology relevant to youth – using TikTok to inspire about the environment.
- Make relevant.
- Don't make assumptions.
- Helping set up youth projects to get involved in.
- Embed tech.
- Start young.
- Include them in everything at all levels.
- Work with junior neighbourhood wardens. Young people in youth justice.

Q: How can we develop investment in future Green Halo activity?

Answers:

- Involve local businesses and local rich celebrities.
- Demonstrate shared outcomes.
- Take an asset-based approach – sharing resources.
- You need early successes to promote.
- Partnerships with local universities – civic, policy, public engagement.